

Reaching Out

Meeting The Masters

Course tutor: **DAVID TRAYNOR**

Location: **The Villa**, Southport Road, Scarisbrick, Ormskirk, L40 8HF

This is a 1-day practical based session of an extremely unique and interesting kind. Participants will be taken on a journey with Hypnogocic Meditation, through the Universe to meet with the ***Ascended Masters*** and obtain that ultimate quest – ***Why Am I Here !***

“*Meeting The Masters*” is an advanced level workshop and will require participants to be adept in meditation and with a keen interest in finding out their ultimate goals in life.

Not for the faint-hearted this Workshop will take you on the journey of a lifetime to discover places and people you may see and meet only this once and to gain answers to those questions you thought would always remain buried in mystery.

The day will begin at 10.30am and finish around 5.00-5.30pm. Lunch is included in the Workshop Fee and other breaks will be provided for refreshments etc. Please understand the course may run over a little so allow yourself plenty of time.

CHECKLIST



Payment made in full ?



You will be required to wear comfortable and warm clothing e.g. jumper or fleece, but equally underneath have lightweight clothing should it be warm on the day. Please do not come along ‘*dressed to party*’.



Each person will be required to bring their own chair or sun-lounger (bearing in mind, it must be comfortable for you to sit on), blanket, pillow and even eye patch/cover to facilitate the deep meditation.



Stationery is not provided on this course so please also bring pen and paper.



Please read the separate sheet giving directions and parking instructions which will be sent once payment has been received.

Reaching Out

Meeting The Masters

Workshop

Introductions to the Group.

Finding out about each other and their motivation for attending.

Who are The Masters?.

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Who are The Ascended Masters?

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Why Do They Exist?

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Why Do We Exist?

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What Is The Reason That We Are Here On Earth?

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Lunch.

An inclusive buffet lunch.

Making Preparations To Meet The Masters.

Delegates will undertake an intense 1 hour hypnogogic meditation in which the pupils will be led by Spirit on a Journey through the Universe into the Spirit World and on to meet The Masters.

Meeting The Masters.

Here you will each ask The Masters – **What Is The Reason I Am Here On Earth?**

When you have received this answer you will be returned by Spirit and brought back down to the class.

Understanding and Reasoning.

Each pupil will then discuss their **Reasoning** and each will match that **Understanding** to **Who They Are** and **What They Do On Earth**.

Round Up.

Recap on what we have learned.

Questions and Answers relative to the day.